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Molar Mass (in Daltons)	% Molecular Weight Distribution
<500	17
500-1000	35.1
1000-2000	30.9
2000-3000	9.6
3000-5000	4.2
>5000	2.8

17. The method of claim 11, wherein the nutritional composition further comprises TGF- $\beta$ .

18. The method of claim 11, wherein the child was born as a preterm infant.

19. The method of claim 11, wherein the nutritional composition is an infant formula.

20. A method of inducing oral tolerance in a child having an allergy to at least one antigen, wherein the child is at least two years of age or older, the method comprising the steps of:

exposing the child, when the child is an infant, to the at least one antigen, wherein the at least one antigen is selected from the group consisting of cow's milk, egg, soy, house dust, and mites; and

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administering to the child, when the child is an infant, a nutritional composition comprising from 3 g/100 kcal to 7 g/100 kcal of a fat or lipid source;

from 8 g/100 kcal to 12 g/100 kcal of a carbohydrate source, wherein the carbohydrate source comprises between 15% and 55% lactose by weight;

a probiotic source comprising *Lactobacillus rhamnosus* GG;

lactoferrin from a non-human source;

a prebiotic source comprising galactooligosaccharide and polydextrose, wherein the prebiotic source is present in the nutritional composition in an amount of from 0.1 g/100 kcal to 1 g/100 kcal; and a

protein source comprising whey and casein proteins, wherein the protein source is present in the nutritional composition in an amount of from 1 g/100 kcal to 5 g/100 kcal, further wherein the ratio of whey to casein proteins in the protein source is from 50:50 to 70:30 by weight and wherein the degree of hydrolysis of the whey and casein proteins included in the protein source is from 4% to 10%; and

subsequently exposing the child to the at least one antigen.

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