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(54) **NUTRITIONAL SUPPLEMENT TO TREAT MACULAR DEGENERATION**

(75) Inventors: **Stephen Paul Bartels**, Wyckoff, NJ (US); **Cara Larraine Baustian**, Palisades, NY (US); **George Edwin Bunce**, Blacksburg, VA (US); **Leon Ellenbogen**, New City, NY (US); **Frederick L. Ferris, III**, Columbia, MD (US); **Jin Kinoshita**, El Macero, CA (US); **James Cecil Smith, Jr.**, Glenn Dale, MD (US); **David A. Souerwine**, Pittsford, NY (US)

(73) Assignee: **Bausch & Lomb Incorporated**, Rochester, NY (US)

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Primary Examiner—Thurman K. Page
Assistant Examiner—Robert M. Joynes
(74) *Attorney, Agent, or Firm*—Rita D. Vacca; Denis A. Polyn

(57) **ABSTRACT**

A nutritional or dietary supplement composition that strengthens and promotes retinal health through the prevention, stabilization, reversal and/or treatment of visual acuity loss by reducing the risk of developing late stage or advanced age-related macular degeneration in persons with early age-related macular degeneration. The nutritional or dietary supplement composition may likewise reduce the risk of vision loss associated with the development of cataracts. The essential ingredients of the nutritional or dietary supplement composition are vitamin C, vitamin E, beta-carotene, zinc and copper. The essential ingredients are preferably provided in a tablet form suitable for oral ingestion. Preferably the composition is taken in the form of one or two tablets taken twice daily.

21 Claims, No Drawings