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[54] **THERAPEUTIC SYSTEM FOR DIETARY HEALTH MANAGEMENT**

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Related U.S. Application Data

[63] Continuation of application No. 08/466,893, Jun. 6, 1995, abandoned.

[51] **Int. Cl.⁶** **A61K 38/00**; A61K 31/70; A61K 31/20; A61K 31/235

[52] **U.S. Cl.** **514/2**; 514/23; 514/558; 514/560; 514/533

[58] **Field of Search** 514/2, 23, 558, 514/560, 533

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[57] **ABSTRACT**

A dietary health management system for administration to a patient having at least one diet-responsive condition such as hypertension, hyperlipidemia, cancer, diabetes, and combinations thereof. In particular, the system comprises a plurality of prepackaged meals which may provide dietary fiber in the range of about 20 to 30 grams; vitamins and minerals at about 100% USRDA; less than about 2400 mg of sodium; at least about 3500 mg of potassium; less than about 96 grams of simple sugars; protein, such about 15 to 20% of caloric intake is derived from protein; and fat, such that about 20 to 30% of caloric intake is derived from fat. Consumption of a daily diet comprising a plurality of the individual meals supplies the patient with the desired total daily calorie intake, improved quality of life, and sufficient nutritional enhancement to facilitate the management of the diet-responsive condition.

52 Claims, 8 Drawing Sheets