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5. A preemptive prophylaxis migraine method as set forth in claim 4, wherein the step of establishing a baseline indicator includes converting the score in milliseconds to stanine.

6. A preemptive prophylaxis migraine method as set forth in claim 5, wherein the step of repeating the tests includes converting the scores of the repeated tests to stanine.

7. A preemptive prophylaxis migraine method as set forth in claim 6, including the step of administering an anti-migraine medication when the repeated test stanine differs from the baseline stanine.

8. A preemptive prophylaxis migraine method as set forth in claim 1, wherein the cognitive tests are performed in the order listed.

9. A preemptive prophylaxis migraine method as set forth in claim 1, wherein the listed cognitive tests are preceded by a Stanford Sleepiness Scale test.

10. A preemptive prophylaxis migraine method as set forth in claim 1, wherein the listed cognitive tests are preceded by a Mood Scale 2 test.

11. A preemptive prophylaxis migraine method as set forth in claim 1, wherein the listed cognitive tests are preceded by a Stanford Sleepiness Scale test and a Mood Scale 2 test; the cognitive tests are performed in the order listed; the step of establishing a baseline indicator uses the third trial of the cognitive tests; the step of establishing a baseline indicator includes measuring the score in milliseconds and converting the same to stanine; the step of repeating the tests includes converting the scores of the repeated tests to stanine; and including the step of administering an anti-migraine medication when the repeated test stanine differs from the baseline stanine.

12. A preemptive prophylaxis migraine device including a microprocessor having a memory, a battery of tests loaded into the memory of the microprocessor and including a

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Simple Reaction Time, a Running Memory Continuous Performance Task, a Matching to Sample, and a Mathematical Processing Task; means for computing the score on a trial of these tests to establish a baseline and for storing the baseline in the memory; the means for computing being operative for computing the score of a subsequent trial of the tests and comparing the same to the stored baseline; and means for indicating a cognitive change.

13. A preemptive prophylaxis migraine device as set forth in claim 12, wherein the means for computing includes changing the scores to stanine.

14. A preemptive prophylaxis migraine device as set forth in claim 13, wherein the means for indicating a cognitive change is operative upon a drop of one in stanine score as compared to baseline.

15. A preemptive prophylaxis migraine device as set forth in claim 12, including a screen which is about 10 cm. square.

16. A preemptive prophylaxis migraine device as set forth in claim 12, including a screen and a key pad adjacent the screen.

17. A preemptive prophylaxis migraine device as set forth in claim 16, including means for hinging the screen and key pad so that they may be folded upon each other.

18. A preemptive prophylaxis migraine device as set forth in claim 16, wherein the key pad includes a plurality of mouse buttons.

19. A preemptive prophylaxis migraine device as set forth in claim 16, wherein the key pad includes a plurality of Mood Scale 2 buttons.

20. A preemptive prophylaxis migraine device as set forth in claim 16, wherein the key pad includes an on/off button, two mouse buttons, and three Mood Scale 2 buttons.

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