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# United States Patent [19]

Garleb et al.

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[54] BLEND OF DIETARY FIBER FOR NUTRITIONAL PRODUCTS

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[57] **ABSTRACT**

Taken as a whole a blend of dietary fiber contains, by weight: 5% to 50% of a dietary fiber which is both soluble and fermentable; 5% to 20% of a dietary fiber which is both soluble and non-fermentable; and 45% to 80% of a dietary fiber which is both insoluble and non-fermentable. Preferably, the dietary fiber which is both soluble and fermentable is gum arabic; the dietary fiber which is both soluble and non-fermentable is sodium carboxymethylcellulose; and the dietary fiber which is both insoluble and non-fermentable is oat hull fiber.

**26 Claims, No Drawings**