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United States Patent [19][11] **Patent Number:** **5,589,468**

Lin et al.

[45] **Date of Patent:** **Dec. 31, 1996**[54] **METHOD FOR PROVIDING NUTRITION TO ELDERLY PATIENTS**[75] Inventors: **Paul M. Lin**, Fullerton, Calif.; **Shen-Youn Chang**, Wadsworth; **Chris Kruzel**, Wheeling, both of Ill.[73] Assignee: **Clintec Nutrition Co.**, Deerfield, Ill.[21] Appl. No.: **372,558**[22] Filed: **Jan. 13, 1995**[51] **Int. Cl.**⁶ **A01N 43/04**; A01N 45/00; A01N 43/60; A01N 43/08[52] **U.S. Cl.** **514/52**; 514/167; 514/251; 514/474; 514/458; 514/602; 514/641; 514/702; 514/725; 514/773; 514/775; 514/776; 514/777; 514/780; 514/782; 514/904; 514/905; 426/607; 426/608[58] **Field of Search** 514/52, 167, 251, 514/474, 458, 602, 641, 702, 725, 773, 774, 775, 776, 777, 780, 782, 904, 905; 424/72, 73, 602, 648; 426/607, 608[56] **References Cited****U.S. PATENT DOCUMENTS**4,619,829 10/1986 Motschan 424/128
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The present invention provides a method for providing nutrition to elderly patients. Pursuant to the present invention, the enteral composition includes a protein source, a lipid source, and a carbohydrate source. Preferably, the protein source includes at least 18% of the total calories. In an embodiment, the carbohydrate source includes a source of dietary fiber including a balance of soluble to insoluble fiber ratio of approximately 1:3. Still further, the composition of the present invention also includes increased levels of certain vitamins and minerals.

20 Claims, No Drawings