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through the axis of said lens body and through said peripheral portion, said second stem portion and said second coil portion are located on a side of said second plane opposite said first side, 5
 each of said coil portions from its first end comprises a first outer portion that extends away from said second plane, a portion that extends toward said lens body, an inner portion that extends toward said second plane, a portion that extends away 10
 from said lens body, and a second outer portion

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that extends away from said second plane and then to one end of said peripheral portion on the same side of said second plane that its coil is located, each of said first and second coil portions being located between its second outer portion and said lens body such that said first and second coil portions will tend to wind and close when pressure is applied to said peripheral portion toward said lens body.

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