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[54] **THERAPEUTIC SYSTEM FOR DIETARY HEALTH MANAGEMENT**

[75] Inventors: **Chor San Heng Khoo**, Mt. Laurel, N.J.; **R. David C. MacNair**, King of Prussia, Pa.

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[73] Assignee: **Campbell Soup Company**, Camden, N.J.

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[58] **Field of Search** 514/2, 23, 558, 514/560, 533

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Primary Examiner—William R. A. Jarvis
Attorney, Agent, or Firm—Baker & Botts, LLP

[57] ABSTRACT

A dietary health management system for administration to a patient having at least one diet-responsive condition such as hypertension, hyperlipidemia, cancer, diabetes, and combinations thereof. In particular, the system comprises a plurality of prepackaged meals which may provide dietary fiber in the range of about 20 to 30 grams; vitamins and minerals at about 100% USRDA; less than about 2400 mg of sodium; at least about 3500 mg of potassium; less than about 96 grams of simple sugars; protein, such about 15 to 20% of caloric intake is derived from protein; and fat, such that about 20 to 30% of caloric intake is derived from fat. Consumption of a daily diet comprising a plurality of the individual meals supplies the patient with the desired total daily caloric intake, improved quality of life, and sufficient nutritional enhancement to facilitate the management of the diet-responsive condition.

20 Claims, 8 Drawing Sheets