

[54] DIRECTLY EDIBLE AND RAPIDLY REHYDRATABLE COMPACTED AND DEHYDRATED FOOD BAR AND METHOD OF MAKING THE SAME

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[57] ABSTRACT

Compacted and dehydrated food bars which may be easily bitten and chewed without prior rehydration or rapidly rehydrated in bar form in cold water are prepared by incorporating potato particles, preferably dice, which have been freeze-vacuum-dehydrated to less than 4 percent moisture content and thereafter equilibrated with water to a moisture content of from about 5 to about 15 percent by weight, in a food bar preparation mixture in a proportion of about 10 to about 20 percent potato to about 90 to about 80 percent non-potato food bar-forming ingredients, and thereafter compressing the mixture of the potato particles with the non-potato food bar-forming ingredients into a bar at a pressure from about 800 psi to about 1500 psi and redrying the compressed food bar under vacuum to a moisture content below about 4 percent by weight.

10 Claims, No Drawings