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**Brunelo et al.**

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(54) **PUSH-UP STAND AND  
DUMBBELL-SUPPORTING BRACKET**

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(76) Inventors: **Daniel C. Brunelo**, Cheraw, SC (US);  
**Brian Hatcher**, Cheraw, SC (US)

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*Primary Examiner* — Jerome w Donnelly

(21) Appl. No.: **13/351,265**

(57) **ABSTRACT**

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(51) **Int. Cl.**  
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The push-up stand and dumbbell-supporting bracket is composed of an inverted “V”-shaped bracket that can support dumbbells on opposing side locations, and in which a handle is provided above and central to said bracket. Dumbbells of equal or differing weights may be supported on said bracket and lifted via said handle in order to conduct different arm-strengthening exercises. The dumbbell-supporting bracket may be further used as a push-up stand regardless of whether dumbbells are supported at said locations. The dumbbell-supporting bracket enables varying weighted or like weighted dumbbells to be supported in order to produce a varying overall weight without requiring multiple dumbbell sets of varying weights.

(52) **U.S. Cl.**  
CPC ..... *A63B 21/078* (2013.01)

(58) **Field of Classification Search**  
USPC ..... 482/49, 141; 248/163.1, 176.1  
See application file for complete search history.

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**1 Claim, 5 Drawing Sheets**

