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b) positive to color reaction with antimony trichloride, and
c) positive to color reaction with ninhydrin.

3. An extract as claimed in claim 1 which is negative to
pentoses by orcinol-ferric chloride analysis.

4. An extract as claimed in claim 1 wherein said extract 5
is obtained by extraction with water or an aqueous solvent
to obtain an extract solution and the extract solution is dried
to obtain an extract in powder form.

5. An extract as claimed in claim 1 wherein said plant or
fungus is shireishi (*Ganoderma lucidum*). 10

6. An extract as claimed in claim 1 which exhibits an
analgesic, anti-inflammatory or anti-allergic action.

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7. An extract as claimed in claim 1 wherein said plant or
fungus is at least one member selected from the group
consisting of tanjin (*Salvia miltiorrhiza* radix), scouring rush
(*Equisetum hiemale*), Chinese gutta percha, chorei
(*Polyporus sclerotium*), bukuryo (*Poria sclerotium*), and
pueraria root.

8. An extract as claimed in claim 1 wherein said plant or
fungus is tanjin (*Salvia miltiorrhiza* radix).

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