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ine; L-2-oxothiazolidine-4-carboxylate; and omega-3 rich lipids.

6. The enteral product of claim 1 including greater than 15 gms/liter of fiber.

7. The enteral product of claim 1 wherein the product provides at 1500 ml of product the U.S. RDA of all vitamins and mineral except magnesium.

8. The enteral product of claim 7 wherein the product provides at 1500 ml of product approximately 150 to about 250 mg of magnesium.

9. An enteral tube-fed product for providing nutritional needs to a patient comprising:

a caloric content of approximately 0.5 to about 0.8 Kcal /ml;

an osmolality of approximately 100 to about 250 mOsm;

a protein content of greater than 17% of the total calories;

a fat content of greater than 33% of the total calories; and

a fiber content of greater than 15 gms/liter.

10. The enteral tube-fed product of claim 9 wherein fiber includes one or more components selected from the group consisting of: insoluble soy polysaccharide; soluble pectin; hydrolyzed plant gum; carob pod; and tannin-enriched extract of carob pod.

11. The enteral tube-fed product of claim 9 wherein the composition includes at least one further component selected from the group consisting of: arginine; ornithine; cysteine; L-2-oxothiazolidine-4-carboxylate; and omega-3 rich lipids.

12. The enteral tube-fed product of claim 9 wherein the protein content is approximately 18 to about 25% of the total calories.

13. The enteral tube-fed product of claim 9 wherein the fat content is approximately 35 to about 50% of the total calories.

14. The enteral tube-fed product of claim 9 wherein the product provides at 1500 ml of product the U.S. RDA of all vitamins and minerals except magnesium.

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