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[54] **BEVERAGE COMPOSITIONS CONTAINING GREEN TEA SOLIDS, ELECTROLYTES AND CARBOHYDRATES TO PROVIDE IMPROVED CELLULAR HYDRATION AND DRINKABILITY**

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[58] **Field of Search** 424/677–680, 424/195.1

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[57] **ABSTRACT**

This invention relates to a composition, preferably in the form of a beverage, whereby cellular hydration and drinkability are enhanced by the combination of green tea solids with selected levels and types of electrolytes and carbohydrates. The compositions comprise (a) from about 0.01% to about 0.35% flavanols; (b) from about 0.01% to about 0.3% sodium ions; (c) from about 0.005% to about 0.08% potassium ions; (d) from about 0.1% to about 20% of a carbohydrate which provides; (i) from about 0.05% to about 10.0% fructose; (ii) from about 0.05% to about 10.0% glucose; and (e) water.

19 Claims, No Drawings