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enterally administering to a patient with pulmonary disease an effective amount of a composition comprising:

whey protein in an amount that constitutes not less than approximately 18% of the total caloric content of the composition;

partially hydrolyzed polysaccharide in an amount that constitutes from approximately 20 to about 50% of the total caloric content of the composition;

a mixture of medium and long chain triglycerides in an amount that constitutes approximately 40

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to about 55% of the total caloric content of the composition; and

a surfactant selected from the group consisting of egg yolk phospholipid, soy phospholipids, and milk phospholipids.

7. The method of claim 6 wherein the composition includes 100% of the USRDA of all vitamins and minerals except phosphorus.

8. The method of claim 6 wherein 20 to 70% of the total triglycerides are MCTs.

9. The method of claim 6 wherein said long chain triglycerides are selected from the group consisting of soy, canola, and olive oil.

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