

[54] **PROTEIN FORTIFIED ISOTONIC BEVERAGES**

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[58] Field of Search ..... **424/127, 128, 153; 426/583, 648, 590**

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[57] **ABSTRACT**

A beverage comprising sodium ions, a sweetener and a protein which in liquid form provides from about 10 to about 50 milliequivalents/liter sodium ions, from about 0.25% to about 10% by weight protein and an osmolarity of from about 140 to about 375 mOs/kg. The preferred protein is derived from whey protein concentrate and most of the electrolytes needed in the beverage are provided by the whey protein concentrate.

**5 Claims, No Drawings**