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Mehansho et al.

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[54] METHOD FOR ENHANCING BIOAVAILABILITY OF IRON-CALCIUM MINERAL SUPPLEMENTS

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Related U.S. Application Data

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[58] **Field of Search** 426/74, 531, 549, 590, 426/599, 648, 656, 72, 2; 424/147, 154, 153; 514/502, 905

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[57] **ABSTRACT**

Nutritional mineral supplements comprise iron compounds and calcium compounds in combination with citrates of tartrates, ascorbates, and, optionally, fructose. The tendency of calcium to inhibit the bio-availability is reduced in such compositions, so that conjoint bioavailability of these two important minerals is enhanced.

8 Claims, No Drawings