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What is claimed is:

1. A soluble coffee powder mix comprising:

- (a) from about 2% to about 4% wt/wt of an instant coffee component;
- (b) from about 15% to about 50% wt/wt of a protein component;
- (c) from about 0.2% to about 2% wt/wt of a vitamin/mineral premix;
- (d) from about 25% to about 90% wt/wt of a carbohydrate component;
- (e) a fat component present in an amount no greater than about 9% wt/wt;
- (f) from about 1% to about 5% wt/w of tricalcium phosphate, and;
- (g) wherein said coffee mix has a bulk density of from about 0.5 gm/cc to about 0.9 gm/cc.

2. A powder mix according to claim 1 in which the instant coffee component is selected from the group consisting of spray dried coffee, freeze dried coffee and mixtures thereof.

3. A powder mix according to claim 2 in which the instant coffee is decaffeinated.

4. A powder mix according to claim 1 in which the protein component is selected from the group consisting of casein, whey, non fat milk, condensed skim milk, soy, corn, rice, pea, hydrolyzed protein and mixtures thereof.

5. A powder mix according to claim 1 in which the vitamin/mineral premix is present in an amount from about 0.2% to about 1% wt/wt.

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6. A powder mix according to claim 5 in which the vitamin/mineral premix consists of vitamin A, vitamin C, vitamin D, vitamin E, Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, vitamin B12, Biotin, pantothenic acid, iron, iodine, zinc, manganese, and copper.

7. A powder mix according to claim 1 in which the carbohydrate component is present in an amount from about 30% to about 80% wt/wt.

8. A powder mix according to claim 7 in which the carbohydrate component is selected from the group consisting of granulated sucrose, glucose, glucose polymers, fructose, hydrolyzed corn starch, maltodextrin, corn syrup solids, lactose, high fructose corn syrup, fructooligosaccharides, artificial sweeteners and mixtures thereof.

9. A powder mix according to claim 1 in which the fat component is present in an amount no greater than about 7.5% wt/wt.

10. A powder mix according to claim 9 in which the fat component is selected from the group consisting of hydrogenated soy oil, hydrogenated coconut oil, high oleic safflower oil, soy oil, fractionated coconut oil, high oleic sunflower oil, corn oil, canola oil, creamers and inherent fat in milk and mixtures thereof.

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